

2nd ESCAP RESIDENTIAL COURSE ON ASSESSMENT AND TREATMENT OF PSYCHIATRIC DISORDERS IN CHILDREN AND ADOLESCENTS

Sep 28 - Oct 1, 2022 Grand Hotel Baia Verde, Catania (Italy)

Synopsis of the contents:

Daily lectures will be planned as well as working groups with a focus on the clinical aspects and the development history in relation to the main neurodevelopmental and core psychiatry disorders such as autism spectrum disorders, ADHD, early-onset psychosis, OCD, and mood disorders. The course material will be prepared and supported by academics in the field of child and adolescent psychiatry and technical staff.

Teaching will include frontal presentations and additional resources including simulated academic interviews, live tutorials, quizzes, and discussion of case studies. Each participant will be requested to prepare one clinical case observed in their clinical practice, that will be discussed in groups with tutors and other students. Cases will need to be submitted to the scientific organization 2 weeks before the first day of the course.

Attendees:

- 1) residents (trainees) in child and adolescent psychiatry/neuropsychiatry, psychiatry, neurology, pediatric neurology, clinical psychology (any year) or
- 2) early career consultants in the field of mental health within the first 3 year of substantive position or
- 3) PhD students in topics related to child and adolescent psychiatry

Program

Wednesday 28 September

2:00 -3.30 pm Registration

3:30 -5:30 pm Lecture: Benedetto Vitiello (Turin, Italy)

"Mood disorders in children and adolescents"

5.30- 7.30 pm Lecture: Dennis Ougrin (Queen Mary University of London): "Management of self-harm and suicidal ideation"

8:00 pm | Welcome Happy Hour

Thursday 29 September

9:00 am - 1:00 pm Morning-Session

Luigi Mazzone (Rome, Italy) - Martina Siracusano (Rome, Italy)

"A clinical practice update on Autism Spectrum Disorders"

Talks of the session:

- Definition, epidemiology and clinical picture of ASD.
- Risk and Protective Environmental Factors Associated with ASD: Evidence-Based Principles and Recommendations.
- Psychiatric and medical symptoms (gastrointestinal and sleep problems) in ASD.
- Evidence based treatment of core symptoms and pharmacological management of psychiatric comorbidity

1:30 – 2:30 pm Lunch

2:30 – 3:30 pm Break. Recreate yourself and enjoy Grand Hotel Baia Verde pool

3:30 – 6:00 pm Afternoon-Session

Kerstin Von Plessen (Lausanne, Switzerland)

"Clinical Picture, Diagnostic Work-up & Treatment approaches of OCD & Tic Disorders including Tourette syndrome"

Talks of the session:

- OCD: Clinical picture, investigation, cognitive behavioral therapy & medication
- TS: Medical treatment clinical picture, etiology, examination, behavioral therapy & medication

6.00-7.30 pm | Interactive Session: Discussion of Clinical Case Reports or Research Projects

8.15 pm Out for Dinner

Friday 30 September

9:00 am- 1:00 pm Morning-Session

Samuele Cortese (Southampton, UK)

"Update on ADHD"

Talks of the session:

- Epidemiology of ADHD
- Diagnosis ADHD
- Etiology
- Pathophysiology Treatment

1:30 – 2:30 pm Lunch (Grand Hotel Baia Verde)

2:30 – 3:30 pm Break Recreate yourself and enjoy Grand Hotel Baia Verde pool

3:50 – 5:30 pm Afternoon-Session

Carmen Morcillo (Winchester, UK)

"Guidelines for the management of anorexia nervosa in adolescents"

5:30 – 7:30 pm Interactive Session: Discussion of Clinical Case Reports or Research Projects

8:30 pm Out for Dinner

Saturday 1 October

9:00 am – 1:00 pm | *Morning-Session*

Marco Armando (Lausanne, Switzerland) - **Paul Klauser** (Lausanne, Switzerland)

"From Clinical High Risk for Psychosis (CHR-P) to First Episode of Psychosis (FEP) in children and adolescents"

Talks of the session:

- Definition, epidemiology, pathophysiology and diagnosis of CHR-P and FEP in children and adolescents.
- Evidence based treatment of CHR-P and FEP in children and adolescents with focus on new trends.
- New trends for the treatment of CHR-P and FEP with focus on NACT

1:30 – 2:30 pm | *Lunch (Grand Hotel Baia Verde)*

2:30 – 3:30 pm | *Break Recreate yourself and enjoy Grand Hotel Baia Verde pool*

3:30 – 7:30 pm | **Interactive Session: Discussion of Clinical Case Reports or Research Projects**

7:30 pm | *Farewell Happy hour*

Scientific Organizing Committee

Marco Armando (University of Lausanne)

Samuele Cortese (University of Southampton, UK)

Luigi Mazzone (University of Tor Vergata, Rome)

Faculty

Marco Armando (University of Lausanne)

Samuele Cortese (University of Southampton, UK)

Paul Klauser (Monash University)

Luigi Mazzone (University of Tor Vergata, Rome)

Carmen Morcillo (Winchester, UK)

Dennis Ougrin (Queen Mary University of London)

Kerstin von Plessen (University Hospital of Lausanne)

Benedetto Vitiello (University of Torino, Italy)

Local Organizing Committee

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Info

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